

# Nanaimo Family Life Association

Community Connection News Letter

Summer 2010

## Volunteer Appreciation

We would like to recognize and celebrate the importance of the work volunteers do at Nanaimo Family Life and all over the world. One can only imagine what the world would be like if it were not for volunteers, how many people would struggle without the kindness and compassion of others being there in times of need. How many children would not have the chance to play sports, how many would face hunger on a daily basis or never be able to get an education and how many people would live in isolation with out the opportunity to have someone to talk with.

Although we do not always see our volunteers, as they come and go helping people at all hours of the day and night, we know what a difference they are making in the lives of others. As we drive by in the evening we see the cars of people who are attending group, coming for counseling, coming to board meetings, training and taking training. Sometimes they are there alone doing their work quietly for others and often they do more than they probably have time for. We want you to know that we as the staff at Family Life admire and appreciate your dedication and your commitment to the agency and those you support and we would like to **Thank You All** for your kindness, compassion, leadership and generosity.

## NFLA Welcomes 7 New Counsellors To the Volunteer Counselling Program

Mia Goodall, Jillian Gray-Tucker, Mark Jarvis, Angela Oltmann, Penny Peron, Myra Thomson, and Jennifer Thorkelsson

# Congratulations!

## GRATITUDE

We are very grateful for the support we receive. Thank you!



- ◆ United Way of Nanaimo
- ◆ Vancouver Island Health Authority
- ◆ Nanaimo Youth Services Association
- ◆ City of Nanaimo
- ◆ Health Canada
- ◆ Ministry of Solicitor General Gaming Division
- ◆ Volunteer Nanaimo
- ◆ Mid-Island Co-op
- ◆ Christian Fellowship Church
- ◆ Altrusa International of Nanaimo
- ◆ Gyro Ladies
- ◆ Thrifty Foods
- ◆ Knights of Columbus
- ◆ Four Star Waterworks
- ◆ Nanaimo Quilters Guild
- ◆ Individual donors
- ◆ Evergreen Bowling League
- ◆ Bank of Montreal
- ◆ Robinson Rentals
- ◆ And the many other individuals and organizations that support us.

◆ Family Life continues to provide our services thanks to our many donors and our funders. We would like to acknowledge and thank those that contribute. Thanks to you we are able to provide flexible, affordable and responsive support and counselling to our community.

## Helping Hands



## Build Community

## NFLA Welcomes 8 New Couples Counsellors

Shawnett DePasquale, Mia Goodall, Helena Green, Anette Hjort, Terica Maloff, Leah Morgan, Ron Rattink, and Alice Trout

# Congratulations!



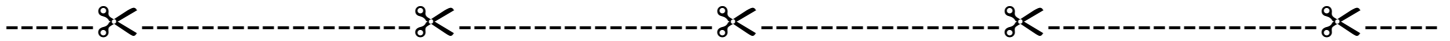
### TLC needed for Family Life

Dear Friends,

Our good old building needs some Tender Loving Care. Our agency is well used by groups, counsellors, others agencies, and the day to day operations of running a non-profit.

Our chairs are starting to fall apart, we need to replace our very old, worn out carpet throughout the building, it's time to add a coat of paint and we could really use help tending our flower gardens. We would greatly appreciate volunteers to help us fix it up and any donations of funds or relevant supplies to help us replace our chairs and carpet so that we can continue to provide a clean, safe and inviting environment for the people who access services here. Thank you for your support.

Please detach and include the from below with your donation. Thank you.



### Helping us with funding...

- I wish to become a Nanaimo Family Life Association Member     Individual \$20     Corporate \$50
- I would like to make a donation (Charitable Receipts available by request)
- \$50     \$100     \$500 (Includes recognition plaque on donor wall)     Other Amount \$\_\_\_\_\_

Send donations by mail, drop them off during office hours **OR** make your donation online through the link to Canada Helps on our website [www.nflabc.org](http://www.nflabc.org)

**Address:**

**Nanaimo Family Life Association  
1070 Townsite Rd  
Nanaimo, BC V9S 1M6**

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Donation Amount: \_\_\_\_\_

Donation Designation (if applicable): \_\_\_\_\_

Would you like a tax receipt?     Yes     No