

Nanaimo Family Life Association Volunteer Counselling Program

Training Schedule Outline – 2006

Session 1	Orientation	January 7	9:00 – 5:00 p.m.
Session 2	Communication & Assertiveness	January 14	9:00 – 5:00 p.m.
Session 3	Anger & Conflict	January 21	9:00 – 5:00 p.m.
Session 4	Diversity	January 28	9:00 – 5:00 p.m.
Session 5	Solution Focused	February 4	9:00 – 5:00 p.m.
Session 6	Boundaries	February 11	9:00 – 5:00 p.m.
Session 7	Self-Esteem & Stress Management	February 18	9:00 – 5:00 p.m.
Optional	VCP Conference & MLO	February 25	9:00 – 4:00 p.m.
Session 8	Violence & Abuse Protocol & Procedure	March 4	9:00 – 5:00 p.m.
Session 9	Family of Origin	March 11	9:00 – 5:00 p.m.
Session 10	Depression & Suicide	March 18	9:00 – 5:00 p.m.
Session 11	Ethics & Client Closure	March 25	9:00 – 5:00 p.m.
Session 12	Practicum Orientation	April 1	9:00 – 5:00 p.m.
Practicum	April – October 2006		
Graduation	TBA		

All Trainees must attend 3 additional workshops:

Healthy Self Esteem	January 12	6:30-9:00 p.m.	or	March 1	1:00-3:30 p.m.
Managing Stress	January 18	1:00-3:30 p.m.	or	March 15	6:30-9:00 p.m.
Understanding Loss	February 15	6:30-9:00 p.m.	or	March 22	1:00-3:30 p.m.