

Better at Home

SERVING SENIORS IN
NANAIMO, LANTZVILLE,
GABRIOLA, AND LADYSMITH



Better at Home helps seniors 65+ to continue living in their home independently by providing simple non-medical services to help stay connected with our community and decrease social isolation.

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United Way helping seniors remain independent.

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A range of non-medical services may include:

- Transportation to appointments
- Grocery Shopping
- Light Housekeeping
- Light Yard Work
- Minor Home Repairs

Older adults who receive **Better at Home services** may pay a fee based on income.
Some services may be free

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For more information,
Please Contact:

Program Coordinator

Email: t_leslie@nflabc.org

Phone: (250)754-3331 Ext. 202

NANAIMO FAMILY LIFE ASSOCIATION
1070 TOWNSITE ROAD, NANAIMO
WWW.NFLABC.ORG

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