

EMBRACE YOUR GENDER JOURNEY



Gender Journeys and **Transcend Nanaimo** are free peer support groups for two-spirit, trans, gender diverse or questioning people.



Group for
adults 18+
every Monday
6:30-8:30pm

Group for youth
ages 12-17
Every Tuesday
6:30-8:00pm

**Transcend
Nanaimo**



scan to sign-up

WHO IS IT FOR?

Youth (12-17) and adults (18+) who identify as two-spirit, trans, gender diverse or questioning.

WHAT WE OFFER:

A space to connect with peers, share experiences, ask questions and celebrate triumphs in an understanding environment.

An opportunity to find solace, understanding, and encouragement on each individual's unique gender journey.

Access to information, workshops and resources to empower understanding.

Find more details on our social media



@genderjourneysnfla



facebook.com/genderjourneysnfla

Or contact our facilitator Ellis McNewshiro

gender_journeys@nflabc.org

Call or Text: 778-268-3002

